

83% of Utah moms start breastfeeding, & only 22% are still breastfeeding at 6 months
Preparation makes a difference!

free Breastfeeding CLASS

PARENT INFANT CLASS SERIES

EVERY WEDNESDAY
5:30 PM

Utah County Health
Department Rm. 2601

INFANT MASSAGE
1st Wed. of each month

BABY BEHAVIORS
2nd Wed. of each month

HAPPIEST BABY ON THE BLOCK
3rd Wed. of each month

BABY-WEARING
4th Wed. of each month

**Come learn how
to meet YOUR
breastfeeding goal**

EVERYONE is welcome!
No appointment needed-
bring a partner-
Questions?

Call 801-851-7312

EVERY WEDNESDAY
4:00 PM
@ WIC Office
(second floor)

SPANISH class:
Every 4th
Wednesday of
the month



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